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EARLY ORGAN INJURY FOLLOWING EXPERIMENTAL BRAIN DEATH

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The summary: Hemodynamic, endocrine and metabolic studies conducted on BD animals have confirmed a sequence of adverse events, which eventually will lead to a suboptimal function of the donor heart and other organs. Immediately following the induction of BD there is an adrenergic storm. This includes the release of endogenous catecholamines and toxic tissue levels of epinephrine, which induces an acute myocardial ischemic injury. Hearts examined in this state under light microscopy show patchy diffuse injury of the subendocardium, conduction tissue, coronary arteries and various forms of myocytes necrosis as well as mononuclear cell infiltration.

Examination under electron microscopy confirms the presence of acute scattered cellular injury affecting mainly the sarcomere and the mitochondria. Following the catecholamine storm, there is a reduction of plasma free triiodothyronine (FT3), free levothyroxine (FT4), cortisol, antidiuretic hormone (ADH), adrenocortical stimulating hormone (ACTH), normal thyroid stimulating hormone (TSH) and marked elevation of reverse triiodothyronine(T3). These events cause progressive inhibition of aerobic metabolic pathways, and lead to a reduction of myocardial tissue glycogen, adenosine triphosphate (ATP), creatine phosphate (CP) and lactate accumulation. The structural and metabolically injured heart then exhibits a reduction in contractility. Moreover, studies have demonstrated that hormonal replacement (T3, cortisol and insulin) in BD animals results in metabolic, biochemical and cardiac contractility recovery.

A similar plasma thyroid profile is also observed in animals subjected to cardiopulmonary bypass (CPB). This is associated with a significant high-energy phosphate depletion and lactate accumulation. It has been demonstrated that therapy with T3 reverses this myocardial dysfunction.

The administration of T3, cortisol and insulin to human brain injured organ donors allows rapid metabolic and hemodynamic recovery. Studies have confirmed that therapy with T3 alone has proven to be as efficient as hormonal therapy. Initially T3 is administered to the human BD organ donor and later to both the donor and recipient at the time of cardiac reperfusion. This results in acceptable functional recovery in the recipient even in initially marginal organ donors originally on high doses of inotropic support. By replacing T3, hearts, which were not initially considered viable for cardiac transplantation, were harvested with good outcomes in the recipient. The potential reversal of this injury by administering thyroid hormone creates a larger donor organ pool.

Induction of Brain Death

The first studies looking at the holistic effect of inducing brain death and its impact on donor organs were performed in Cape Town, South Africa. In a controlled experimental environment brain death was induced in the baboon by inflating a foley catheter placed in the subdural space (1) and in a pig by ligating the arteries arising from the aortic arch (2). Brain death was confirmed within minutes. Continuous hemodynamic and electrocardiographic recording and blood sampling were then performed for 24 hours (1). This confirmed a significant sympathetic response (3) within a few seconds following the induction of endocranial hypertension and subsequent brain death (Fig 1).

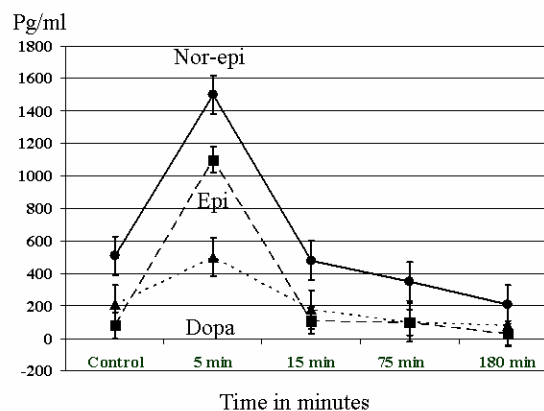


Fig. 1. Increased plasma catecholamine levels observed following the induction of brain death.

The Autonomic Storm

Electrocardiographic Changes

Initially a parasympathetic (Stage I), vagal response is observed. This is characterized by sinus bradycardia, sinus node stand still, junctional escape ventricular beats and temporary heart block (Fig 2). The release of endogenous and circulating catecholamines leads to stage II, characterized by sinus tachycardia without ST segment changes. As the sympathetic storm increases, Stage III occurs. Unifocal or multifocal ventricular ectopic beats and a run of ventricular tachycardia are then observed. During stage IV, sinus rhythm resumes and significant ischemic changes are observed. These include the occurrence of temporary Q waves and ST elevation similar to those observed in an acute myocardial infarction (Fig 3). Stage V marks the end of the autonomic storm. The heart is back in sinus rhythm, the ST segment changes are nonspecific, J waves are observed, the T wave may be flat or biphasic and right bundle branch block may occasionally be observed in animals.

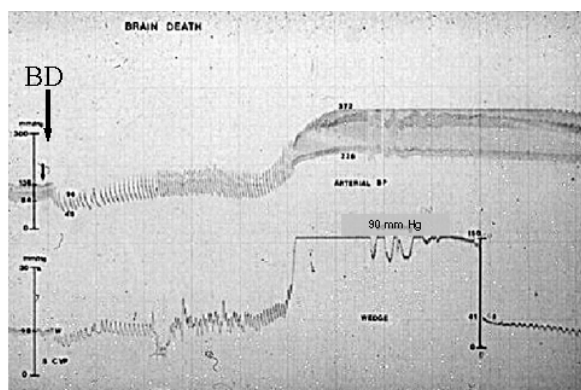


Fig. 2. Electrocardiographic tracing during induction of brain death observed during Stage I.

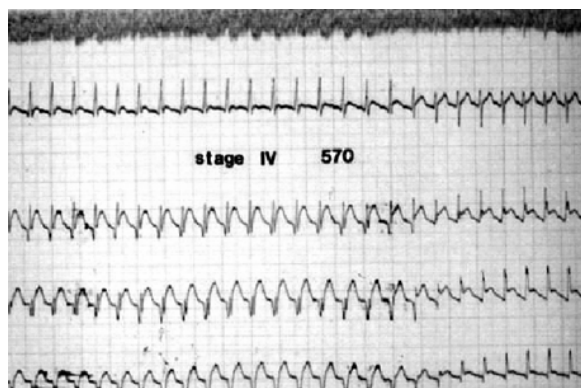


Fig. 3. Ischemic electrocardiographic changes observed during stage IV.

The transient acute ischemic changes observed during Stages III and IV are the result of oxygen sup-

ply/ demand imbalance. In Stage V, the oxygen supply is restored and acute ischemia is resolved. During this initial phase the endogenous catecholamines released initiate a cascade of adverse events. These events will have further negative impact on other organs, affecting the entire body including the activation of platelets, endothelium, and the release of pro-inflammatory cytokines (4, 5).

Hemodynamic Changes

In animals, the vagally mediated initial impact of endocranial hypertension leads to a short-lived period of bradycardia and hypotension. After a few seconds, the release of endogenous and circulating catecholamines has a systemic effect on the entire body. Systemic blood pressure increases to high levels and usually lasts for the duration of Stages II, III and IV (Fig 4) and returns to control values or lower during stage V. In stages II and III, a sudden elevation in left atrial pressure is observed, which on occasion is up to 90 mm of Hg (6). This may well be related to catecholamine induced papillary muscle ischemic dysfunction leading to temporary acute mitral valve regurgitation. Pulmonary injury may also occur at this time resulting in so-called "neurogenic pulmonary edema." (7) This is a reflection of papillary muscle dysfunction leading to short lived but devastating effects of mitral valve regurgitation. During this interval, the right atrial pressure remains unchanged. The cardiac output is significantly reduced during stages II, III, and IV and finally recovers by the end of stage V.

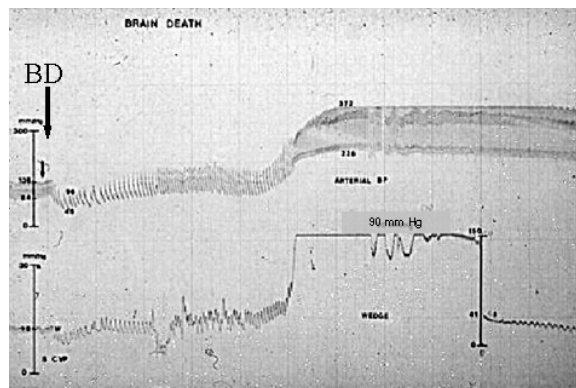


Fig. 4. Hemodynamic response to endocranial hypertension. The upper tracing shows an increment of the systolic blood pressure of 372 mm of Hg. The lower tracing shows an increment of the left atrial pressure reaching 90 mm of Hg.

The observed hyperdynamic state following induction of brain death is directly attributed to the release of endogenous and circulating catecholamines. This autonomic storm can be prevented with bilateral cardiac sympathectomy and by administer-

ing propranolol and verapamil prior to the induction of brain death (8). Autotransplantation of the heart renders it a denervated organ. Following the induction of brain death, in the baboon the heart is preserved. Although some degree of tachycardia is observed from increased circulating catecholamines, the acute electrocardiographic ischemic changes noted in the whole animal are then abolished.

Histological Changes

Histological examination of organs procured from animals subjected to brain death confirm the occurrence of acute tissue injury. These are induced as a result of endogenous toxic catecholamine levels. The injury is observed scattered throughout the entire heart affecting the myocardium of the atria, ventricles, conduction tissue, coronary artery system and the interstitium. The degree of injury is more severe at the left ventricular subendocardial level (9).

At this stage, various degrees and types of myocytes necrosis are noted. These are characterized by scattered foci, contraction band necrosis, myocytolysis and coagulative necrosis. Various degrees of mononuclear cell infiltrate around necrotic myocytes and capillaries are also seen. In the left ventricular sub endocardial area, the histological appearance resembles subendocardial necrosis similar to that found in an acute myocardial infarction.

The histology is similar to that observed in early biopsies procured from marginally functioning hearts. The loaded mononuclear cell infiltration surrounding the necrotic cells may be similar to the histological appearance of an acute rejection episode (10) (Fig 5).

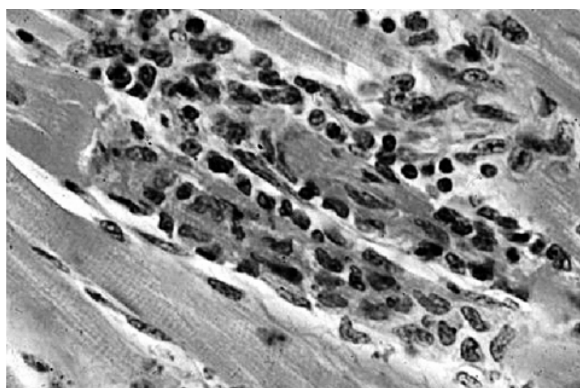


Fig. 5.
Mononuclear cell infiltrate surrounding necrotic myocytes.

The muscular media of the coronary artery system exhibits contraction band necrosis of the smooth muscle and deposits of calcium. This can be histologically observed using Van Kossa staining. The occurrence of crystallized calcium accumulation is a further indication of transient severe vasoconstriction that results from the toxic catecholamine storm (9).

Pulmonary edema rich in protein and alveolar-septal hemorrhages are also found in the lungs (11). This occurs primarily in animals exhibiting high left atrial pressures (EKG stages II, III and IV). These changes are similar to those observed in patients with head injuries, pulmonary edema and normal wedge pressure. The catecholamine storm occurs in the patient in the field and at the site of the head injury. By the time of arrival at a hospital, the transient high left atrial pressure has normalized. However, the chest X-ray and oxygenation are found to be markedly abnormal.

Histological changes are also noted in the liver, kidneys and pancreas. Electron microscopy performed in specimens from animals and human donor hearts clearly show injury at the sarcomere and the mitochondria (12). There is a hypercontractile state and stretching-disruption of the sarcomeres (Fig 6). At the mitochondrial level, the organelle is filled with electron dense material, and the cristae are disrupted or swollen. Redistribution of the mitochondria then takes place. Accumulation of mitochondria is seen mainly at the scalloped sarcolemma and in spaces left by the disrupted sarcomeres. Similar mitochondrial injury is also observed in the liver and kidneys.

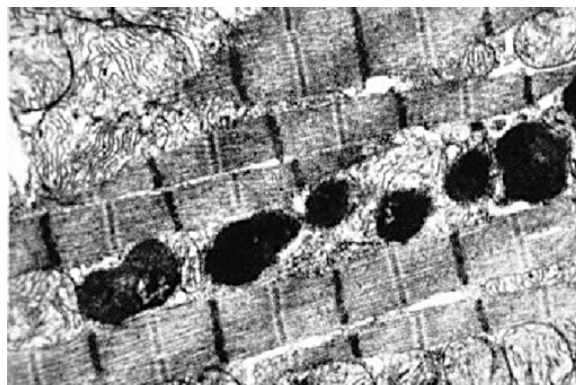


Fig. 6.
Electron microscopy of a human donor heart displaying mitochondrial injury, multiple electron dense deposits, edema and membrane disruption.

Endocrine changes

Catecholamine activation of a 3-5 monodeiodinase rapidly affects the free thyroid hormone plasma levels. Free triiodothyronine (FT3), and levothyroxine (FT4) are observed to decline rapidly, and a significant elevation of rT3 is observed. During the monitoring period, TSH remains unchanged (1) (Fig 7). These changes in the thyroid profile are similar to those observed in the euthyroid sick syndrome (ESS) found in acutely ill patients (13).

In the baboon, rapid plasma decline is also noted in the cortisol, insulin, antidiuretic hormone and ACTH plasma levels.(1) This acute endocrine collapse is associated with generalized mitochondrial

injury. Cell injury at this point may have a major adverse impact on the organ's future functioning.

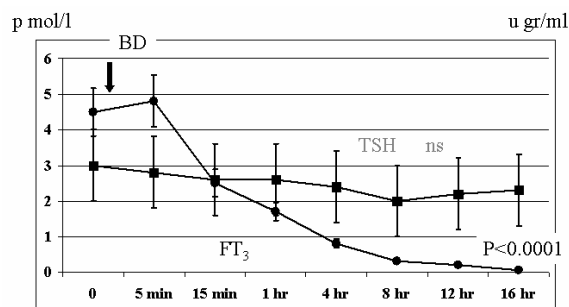


Fig. 7. Plasma FT₃ and TSH observed during and following induction of BD.

Hormonal Replacement in the Animal

A series of experiments have been conducted replacing the reduced hormones in BD animals. The hearts were then excised and tested in a modified Langerndorf model using a support pig for blood oxygenation (2). The application of a modified working ex-vivo testing model has an advantage over the use of the whole animal. Since the hemodynamic data is collected under standardized loading conditions (preload and afterload), the results can be compared objectively. Hormonal replacement consists of the administration of T₃ 2mcg/h, cortisol 100 mg/h and insulin 10 IU/h for two hours (2).

A second series of comparable groups underwent an additional four hours of cold storage, and were then tested. Three groups of hearts were studied: hearts excised from a live animal, those that experienced brain death and those with brain death who received hormonal therapy (Fig 8).

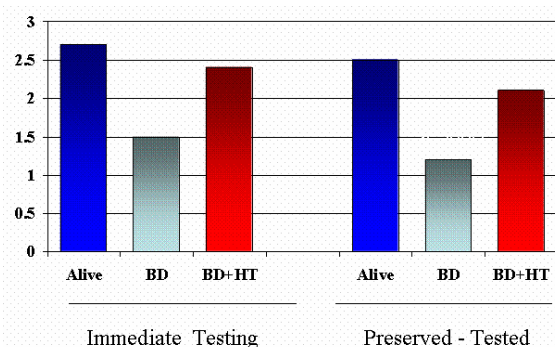


Fig. 8. Ex vivo testing of the heart showing a significant reduction in cardiac output liters per minute in the hearts procured from alive animals, brain dead and brain dead receiving hormonal therapy.

Hearts procured from BD hormonally treated animals (non-stored and stored) clearly showed significant functional improvement when compared to

those from untreated animals. Hemodynamic testing showed no difference in hearts procured from live animals. Following the testing of cardiac hemodynamics, myocardial biopsies were procured to conduct further biochemical analysis.

The myocardial tissue was then tested for glycogen, lactate, ATP and CP. Hearts from BD and hormonally treated animals exhibited no difference from biopsies obtained from live animals. However, the biochemical changes observed in BD untreated hearts showed significantly reduced levels of glycogen, ATP, CP and the elevation of tissue lactate.

Metabolic studies were performed in the whole animal ¹⁴C-R metabolites (U-glucose, pyruvate and palmitate) were administered intravenously to BD and BD-T₃ treated animals (14). These studies confirmed a significant reduction of the plasma clearance, exhaled ¹⁴CO₂ and prolonged half-life in the untreated BD animal. However, full metabolic recovery was observed in the BD-T₃ treated baboon. The inability of the entire body to metabolize aerobically at the mitochondrial level is then demonstrated. The administration of T₃ restored mitochondrial aerobic pathways, the exhaled CO₂, from BD T₃ treated animals was similar to that observed in live animals.

The functional ex-vivo testing, myocardial biopsies and the ¹⁴C-R metabolic studies clearly confirm the inhibition of aerobic pathways, which results from the deleterious impact of BD and full restoration following hormonal therapy.

Cardiopulmonary Bypass

The use of cardiopulmonary bypass (CPB) with its deleterious effect is essential in cardiac transplantation. The ESS induced by the CPB has been observed in a number of experimental animal studies (15). A low FT₃ state may last for several days in humans (16). Myocardial biopsies performed prior to the initiation of CPB, at the completion of cardioplegic arrest, following the CPB run and three hours later confirmed high-energy phosphates reduction and myocardial lactate accumulation. No difference has been observed following T₃ therapy at the time of removal of the aortic cross clamp to control pre-CPB values. Hearts of untreated animals were unable to sustain hemodynamic function after prolonged myocardial ischemia resulting in death. Animals treated with T₃ at the time of cardiac reperfusion exhibited good hemodynamic function following the discontinuation of CPB (17).

Hormonal Replacement in the Patient

Two T₃ treated BD organ donors were treated with an initial dose of 20 mcg as a bolus. Shortly thereafter, all inotropic support was discontinued in both donors. One developed tachycardia, hypertension, hyperthermia and retained CO₂ and developed a thyrotoxic crisis. The second donor had similar but

milder adverse events. The heart from the first patient was not procured due to profound respiratory acidosis and the presence of ventricular arrhythmia. The heart from the second donor was procured with excellent function in the recipient. In view of the metabolic response observed in both patients the T3 dosage was reduced to an initial dose of 2 mcg/hr. This dose was then adopted, as the hemodynamic response was found to be adequate. The initial hormonal therapy consisted of a combination of T3 2 mcg/hr, cortisol 100 mg/hr and insulin 10 IU/hr for four hours or until the desired hemodynamic status was achieved. The initial evaluation of hormonal therapy in BD organ donors has been conducted on a small series of patients which have been compared with historical controls. The observed results consisted of a rapid hemodynamic and metabolic recovery (18).

The administration of T3 alone in human organ donors is efficacious in obtaining a similar response. It had been noted that patients needing the administration of high inotropic support require higher repetitive T3 dosing. Withdrawal of inotropic support improved hemodynamic function (20) to less than 10 mcg/kg/min.

Discussion

Induction of brain death in the experimental animal leads to a series of reproducible adverse events. Initially, there is a massive catecholamine surge, which induces "Primary Injury" to cells and organs. This is followed by an endocrine-metabolic derangement ("Secondary Injury"), and progressive inhibition of aerobic pathways. In addition, this leads to cellular depletion of high energy phosphates, which is an essential substrate for multiple ATPases at various cellular levels and leads to further calcium induced injury.

The low FT3 state characteristic of the ESS is always present. Clinically the lower the FT3/rT3 ratio correlates with poor patient outcome (19). This has been documented with the occurrence of sepsis (20), acute myocardial infarction (21), hemorrhagic shock (22, 23) and in patients with multi-organ failure (24).

Primary and secondary injuries initiate a cascade of adverse events that include the release of pro-inflammatory cytokines, activation of endothelium and platelets, production of oxygen free radicals, expression of tissue antigens and other events (4,5). This sets the stage for further tissue injury in the donor and in the recipient at the time of organ reperfusion (25). In the recipient, further tissue injury may result in primary graft failure.

Although the use of T3 replacement has been initially strongly criticized, research and clinical data strongly supports its use not only in unstable but also in stable donors. Furthermore, T3 has been found to have a beneficial impact on the heart of baboons (15) and pigs (17) subjected to cardioplegic arrest on

CPB, reversal of the stunned myocardium in dogs (26,27) and in patients who became CPB dependant following open-heart surgery (28). T3 has also been shown to be beneficial in reducing the dose of insulin in diabetic coma and in decreasing the anuric period in patients with acute renal failure (29).

At the cellular level, T3 has an impact on multiple sites. The immediate effects are non-genomic (30) and the late DNA-RNA-protein synthesis related (31). The non-genomic effects of upregulation of beta-receptors (32), activation of sarcolemmal, SR calcium channels (33), Na-K channels (34, 35), directly effect the stimulation of aerobic metabolism, thus allowing restoration of cellular high energy phosphates, inhibition of pro-inflammatory cytokines and normalization of cytosolic calcium levels (33).

Some transplant centers have implemented the use of thyroid hormones in the management of BD organ donors (36, 37, 38). However, further prospective randomized clinical studies are required to confirm the beneficial effects of T3 therapy on both the donor and the recipient (39). This may eventually become an essential component in the management of organ donors, thereby allowing hemodynamic stabilization and the reduction of inotropic support and therapy. The application of this management strategy will provide an increased reservoir of donors and enlarge the pool of available organs for transplantation.

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РАННИЕ ПОВРЕЖДЕНИЯ ОРГАНОВ ПОСЛЕ МОЗГОВОЙ СМЕРТИ В ЭКСПЕРИМЕНТЕ

Университет Южной Флориды
США

Гемодинамические, эндокринные и метаболические исследования, проведенные на животных после мозговой смерти (МС), подтвердили последовательность неблагоприятных событий, которые в конечном счете приводят к нарушению функции донорского сердца и других органов. Сразу после МС происходит адренергический шторм. Это включает выброс эндогенных катехоламинов и достижение токсичных уровней тканевого эпинефрина, что стимулирует острую миокардиальную ишемическую недостаточность. Исследование сердца после МС под световой микроскопией выявило очаговые диффузные изменения субэндокарда, проводящей системы, коронарных артерий, различные формы некроза миоцитов и мононуклеарную инфильтрацию.

Исследование под электронной микроскопией подтверждает острое повреждение клеток, главным образом саркомер и митохондрий. После выброса катехоламинов происходит уменьшение плазмы, высвобождение гормонов щитовидной железы, антидиуретического и адренокортикотропного гормонов. Всё это вызывает постепенное торможение аэробных метаболических процессов и метаболические нарушения в миокарде, приводящие к снижению его сократимости.

Подобные изменения наблюдались у животных при экстрапульмональном кровообращении. Доказано, что терапия с применением T3 полностью восстанавливает описанную миокардиальную дисфункцию.

Исследования на людях подтвердили, что терапия с применением T3 может быть столь же эффективной, как и гормональная терапия. Последовательная терапия T3, проводимая у реципиента и донора, позволяет сохранить приемлемую эвакуаторную функцию миокарда при пересадке сердца.